Carlos Sargedas was born in Sesimbra in 1960. He was born in a family linked to the arts, where for generations his ancestors were people of some importance in Opera, Music, Cinema, Radio, Theater and Television.

He started at the age of 8 in the cinema. Later, at the age of 12, he went through the radio theater, and went through several stages opposite some of the biggest names in Portuguese theater until he was 18 years old.

He worked in several theaters where he was a regular, scene director, sound and lighting assistant. He learned a lot about stage and backstage art where he ended his activity at Teatro Maria Matos, where he later took his first steps in photography. More than 40 years of activity linked to the production of photography and video. Producer, director of documentaries and with some work around the world.

Several books published on the Arrábida Region, having twice received the "Personality of the Year" award from Turismo de Portugal for his work in promoting the Arrábida Region and the country, beyond borders.

During the several years of his profession, he came to stand out for his ease of adapting to his needs and those of his clients, having stood out for having several professional skills, where he stood out in Aerial, Underwater, Underground, Studio, Gastronomy, photography. Fashion, Portrait and Industrial, having also taken several courses to better support their professional activity, being able to offer their experience in different areas of activity. For this he made a diving course, up to the Master Scuba Diver category; Also specializing in diving in Ice, Altitude, Deep. He also took a course in Paragliding, Riding, Speleology and more recently training and is a certified Drone Pilot. The Municipal Assembly of Sesimbra in 2011 awarded him the biggest Cultural Prize of the Municipality, the "Espichel Prize" for his work, cultural and artistic dynamism. For the past 20 years, he has dedicated himself to the promotion of promotional films, having received several awards at international festivals in Greece, Poland, Mexico, Indonesia, USA, Canada, Brazil, France, Serbia, Czech Republic, Turkey, India, Indonesia and Israel.

Collaborator in several national and international magazines; Various Workshops and presentations at various Universities and Professional Institutes.

Founder and director of the Finisterra Arrábida Film Art & Tourism Festival, a festival created nine years ago to promote the international promotion of the Arrábida region to the world of cinema.

In September 2019, he received the "2019 Ambassadors Awards" for his work and promotion of Brazil in Europe. The award came from the magazine Radar Vip do Brasil. Member of the Rotary Club of Sesimbra for 25 years.

Founder and director of Finisterra Brasil Film Art & Tourism Festival, a festival created in 2021 to promote Portugal and the Arrábida Region in Brazil.